

# OUR DEEPEST FEAR

By Marianne Williamson

Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that  
most frightens us.

We ask ourselves, "Who am I to be  
brilliant, gorgeous, talented, and  
fabulous?"

Actually, who are you not to be?



You are a child of God. Your playing small does not serve the  
world.

There is nothing enlightened about shrinking so that other  
people will not feel insecure around you.

We are all meant to shine, as children do. We were born to  
make manifest the glory of God that is within us.

It is not just in some of us; it is in everyone and [as we let our  
own light shine](#), we unconsciously give others permission to do  
the same.

As we are liberated from our own fear, our presence  
automatically liberates others.